



# Three Rivers Youth TODAY



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## Three Rivers Youth Expands Treatment Services in East Liberty

Three Rivers Youth has expanded its Mental Health and Substance Abuse Treatment Services at our administrative offices in East Liberty. Highly Skilled Licensed Mental Health Therapists and Substance Abuse Clinicians utilize evidence-based approaches such as Cognitive Behavioral Therapy and Motivational Enhancement Therapy/ Motivational Interviewing to serve at-risk populations throughout East Liberty and Allegheny County. The services include assessments, individual, group, and family counseling for youth and adults. Three Rivers Youth's Treatment Services strive to improve client's quality of life through confidential, culturally sensitive, and strength focused sessions that empower our clients. Services are offered Monday-Friday from 9:00am-5:00pm; evening appointments are also available.

*If you are interested in learning more about TRY's Treatment Services please contact:*

**Mental Health:** Freida Reid | 412-441-5020 x 217 or via email [freida.reid@threeriversyouth.org](mailto:freida.reid@threeriversyouth.org)

**Substance Abuse:** Stephanie Clark | 412-441-5020 x 203 or via email [stephanie.clark@threeriversyouth.org](mailto:stephanie.clark@threeriversyouth.org)

## Celebrating the Community

July 28, 2017: Free to the public, the 3rd annual Three Rivers Youth Community Day brought together residents of East Liberty and beyond, for a festive and informational day! Representatives from Three Rivers Youth's Drug & Alcohol, Foster Care and Behavioral Health programs, Small Seeds, Magee Women's Hospital, Pittsburgh AIDS Task Force, UPMC For Life Dual, City of Pittsburgh Fire & Police Departments, Bookmobile, East Liberty Family Health, Legal Shield, UPMC, Center for Victims of Violent Crimes, First National Bank, EECM, and Garfield Jubilee were present to hand out information and speak to community members. MC Andre Mitchell managed the day's events including entertainment, prizes and dancing. President & CEO Peggy Harris and TRY Staff were on hand to greet and interact with the visitors to ensure their enjoyment. As storm clouds gathered and a few sprinkles fell, they were an unmatched force for our high spirits and joie de vivre! Good food, great entertainment and FANTASTIC people, there really wasn't a better place to be that day! We look forward to hosting another community day next year - *if you are interested in participating please email us at: [contact@threeriversyouth.org](mailto:contact@threeriversyouth.org)*



## 2017 Nellie Leadership Awards Gala



The spirit of Family was in the air at the 2017 Nellie Leadership Awards held on May 12, 2017 at the Twentieth Century Club in Oakland. Colorful signage, matched by the range of color amongst the tables sent a message that families are as diverse as a rainbow in their needs, backgrounds, ethnicities, hopes and dreams. It also showcased Three Rivers Youth's focus on building healthy communities through healthy families. The 2017 Awards gala celebrated those families and organization whose work, devotion and sacrifice to their families

and beyond pay dividends to the quality of life in this region. The 2017 lineup of honorees was impressive: Cindy and Murry Gerber Foundation, Ruth G. Richardson, Cecilia Epperson and family and Janet and Greg Spencer. The honorary chairs were (returning TRY Champ) Roseanne Wholey and (new friend) Melanie Crockard. Major sponsors included: UPMC & UPMC Health Plan, Highmark, HM Group, Cindy and Murry Gerber Foundation, Gateway Health, Huntington Bank, Rycon Construction Inc. and University of Pittsburgh.

## CELEBRATING 25 YEARS OF SERVICE

Mrs. Peggy B. Harris presented Residential Counselor Mrs. Julia Silverton-Powell with her 25 year service award on March 29, 2017. In honor of her commitment to Three Rivers Youth, Mrs. Julia received a commemorative plaque and a monetary gift (\$2,500). A little presentation ceremony was held in Mrs. Harris's office at Three Rivers Youth. After the presentation, the group had a conversation about Mrs. Julia's 25 years, why she came to Three Rivers Youth and what she had learned along the way. We thank Julia Silverton-Powell - Mrs. Julia for her 25 years of service and commitment to the youth we serve! Mrs. Julia completed her service at TRY shortly after receipt of this award.

## FAMILY PARTNERSHIP STAFF EXCEED EXPECTATIONS

Three Rivers Youth's Family Partnership Program recently increased the number of families served by 50% impacting approximately 300 additional youth and adults annually. Our expansion is in response to the growing need of vulnerable families throughout our communities. Our Family Partnership staff continue to offer high quality services to these families throughout Allegheny County. A primary focus of our Family Partnership Program is to preserve families and prevent the removal of youth - approximately 70% of families served by our Family Partnership Program remain intact at discharge.

## AN UNEXPECTED GIFT: HIGHMARK FOUNDATION



*"No greater joy than the blessing bestowed upon us by Highmark near the end of the year."  
Peggy B. Harris President/CEO*

On May 15, 2017, Peggy B. Harris, President & CEO received notification from Highmark Blue Cross Blue Shield that Three Rivers Youth had been given a blessed and unexpected gift of \$50,000 from Highmark on behalf of Southwest Capital Partners. Three Rivers Youth would like to recognize The Southwest Capital Partners and Highmark Blue Cross Blue Shield for their generosity and continued support!

Mission: "Three Rivers Youth preserves and unites families, combats homelessness, enhances educational opportunities and builds life skills for at-risk youth"

Current Programs: Behavioral/Mental Health, Family Partnership (In-Home Services), Foster Care, Homeless Outreach Services, Substance Abuse, Recovery Housing